

Academic Year (1438-1439 H)

General Information

Full Name	Dr. Awad Mohammed Jabir Al-Herashi Al-Qahtani.
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Mobile Phone Number	+966530540450
E-mail (s)	<amalqahtanii@nu.edu.sa><Dr.awad2009@gmail.com><Dr.awad2009@yahoo.com>
Nationality	Saudi
Date of birth	Date of Birth: 17/10/1984
Marital Status	Married
Mother tongue	Arabic
Other Languages	English

Current position : Assistant Professor of Family Medicine, Director of Administrative & Financial Affairs of Najran University Hospital. Vice Dean of Faculty of Nursing of Academic Affairs. Family Medicine Consultant at Najran University Hospital.

Qualifications: Arab Board of Family Medicine & Professional Accreditation Certificate of Saudi Board of family medicine.

Work experience:

Occupation or position held	Main activities and responsibilities (academic & administrative)	Name and address of employer	Dates
Family Medicine Consultant	Establishing & Running the Family Medicine Clinics.	Najran University Hospital	26/10/2014 till now
Vice Dean of Academic Affairs of Faculty of Nursing	Developing, specifying, reviewing and following of all administrative & academic courses running at the faculty of Nursing.	Faculty of Nursing, Najran University	30/08/2016 till now
Head of Family and Community Medicine Department	Guide all academic courses (14 courses) that were taught by the staff department at the faculty of medicine, applied medical sciences & nursing. Supervise the researches done by the students during the academic teaching.	Faculty of Medicine, Najran University	10/7/2015 till 17/06/2017
Vice Director of Scientific Research and Community Services Committee	Preparation of the strategic research plan for the College of Medicine for five years. Review and evaluate research projects submitted to the Deanship of Scientific Research. Establishing Seminars, conferences and workshops to improve the quality of scientific research of the faculty of medicine. overseeing the development of a plan to serve the community, according to its needs. Guide to develop scientific research medical	Najran University, Faculty of Medicine	28/10/2015 till now

	ethics.		
Supervisor of Musculoskeletal block committee	Running PBL, Establishing all learning objectives & course specification, Coordinate all teaching strategies, follow & improve all assessment method,	Najran University, Faculty of Medicine	27/01/2016 till now
Vice Director of Scientific Research and Conferences Committee	Preparation of the strategic research plan for the College of Medicine for five years. Review and evaluate research projects submitted to the Deanship of Scientific Research	Najran University, Faculty of Medicine	2015/10/27 till now
Director of Administrative & Financial Affairs of Najran University Hospital	Establishing, following & reviewing protocols for different hospital section (OR, ER, Lab, Pharmacy, Pharmacy store, Hospital store, public health, Wards, ICU, Patient affaires, medical record, IT, OPD and radiology departments. Monitoring the hospital budget according to the need of different hospital sections.	Najran University, Faculty of Medicine Najran University Hospital	14 April 2016 till now
Deputy Director of Administrative & Financial Affairs of University Hospital	Establishing, following & reviewing protocols for different hospital section (OR, ER, Lab, Pharmacy, Pharmacy store, Hospital store, public health, Wards, ICU, Patient affaires, medical record, IT, OPD, CME and radiology departments). Monitoring the hospital budget according to the need of different hospital sections. Facilitate to train all hospital staff according the available facility.	Najran University, Faculty of Medicine Najran University Hospital	23 February 2015 till now
Assistant Professor of Family Medicine at Internal Medicine Department	Teaching family medicine courses. Contribute to different written & clinical Exams at the department.	Najran University, Faculty of Medicine,	3 February 2015 till 9 July
Demenestrator at Faculty of Medicine	Assistan teacher. family medicine resident at the family residency program.	Najran University and Postgraduate studies of family medicine in Al-Madinah	9 August 2009 till 2 February 2015

Education and training:

Title of qualification awarded	Principal subjects / occupational skills covered	Name and type of organisation providing education and training	Dates
Professional Accreditation Certificate of Saudi Board of family medicine.	Family Medicine Board	Saudi Commission for Health Specialties	2014, November
MRCGP	Part 1	Royal College of General Practitioner int.	2014, September
Arab Board of	Family Medicine Board	The Arab Board of Health	2014, March

Family Medicine		Specilizations	
Family Medicine Resident	Family Medicine Principles, Epidemiology, Research skills, Biostatistics, Evidence Based Medicine, Primarily Health Care, Occupational health. As A trainee resident in the following Department: introductory course in family medicine (1 month), Family medicine block one 1 (3 months), internal medicine (6 months), paediatrics (4 months) , orthopaedics (1 month), obstetrics & gynaecology (3 months) , general surgery, urology & vascular surgery (2 months), Emergency medicine (3 months), Dermatology (1 month), Ophthalmology (1 month), ear, nose & throat (1 month), Community medicine course which include the following: research methodology, epidemiology, statistics, geriatrics, occupational health, nutritional health (3 months) , smoking and palliative care (2 months) , research projects (2months), psychiatrics (3 months) & Family medicine block 2 (10 months), family physician - as a specialist – (12 months).	Family Medicine Resident at Post-graduate studies of family medicine residency program – supervised by Saudi Commission for Health Specialties & The Arab Board of Health Specilizations) . (Arab & Saudi Board of Family Medicine). Aseer Central Hospital, King Fahad Hospital in Al-Madinah, MCH hospital in Al-Madinah, Ohud Hospital, Al-Ansar Hospital in Al-Madinah ,Psychiatric Hospital, Armed Forces Hospital in Al-Madinah, General Security Forces PHCC, National Guard PHCC in Al-Madinah, BAB Al-Majeedy PHCC, Al-Harrah Al-Sharqiah PHCC, Al-Qibleateen PHCC, Al-Nasser PHCC	2009 October to 2014 September
Demonstrator,	General Practitioner & teaching assistant	Najran university, Faculty of Medicine, medical health services	2009 August to 2009 September
Intern-ship	Intern-ship period: Training on Surgery, Medicine, Paediatrics, Obstetrics, Gynaecology, ENT & Family Medicine.	Aseer Central Hospital, Ohud Hospital in Al-Madinah, Abhh General Hospital & Al-Manhal Primary Health Care Center, Under the Supervision of King Khalid Univerfsity.	2008 August to 2009 July
Medical Student	MB.BS,	King Khalid University	2002 to 2008

Academic Teaching

624FMD-4 , 621FMD-4, 614SAF-2, 351MSS-7, 322me-2, 471ERB-2, 593PHC-5, 484PHC-4, 483ERB-5, Nursing Ethics.

Continuous Education Courses:

- Tobacco Treatment Specialist Program, March, 2016 (IERS level 2)
- Rehabilitation and training of medical cupping practitioners, December, 2015
- Saudi international medical education conference "SIMEC" November 2014.
- Attend, participate & assess trainee for research methodology courses.
- Attend, participate & introduce lectures in many EBM courses.
- shared as a presenter for the student research (Safety Injection in Primary Health Care Centers in Abha City).
- BLS course & ACLS courses
- Presented many lectures in basic & clinical sciences
- Attended the movement disorders symposium was held on 17th May at Aseer Central Hospital, Attended Pelvic Disease and Fracture Management Symposium by Orthopedic club at Aseer Central Hospital.
- Attended in a one day symposium on pharmacotherapeutic held on 13 may 2008 at Aseer central hospital, Abha, Saudi Arabia.
- Attended the first radiology symposium that was held on Thursday 8th May, 2008.
- Attended and participated in the first international conference for applied prophetic medicine held from 19-21/2/1429H, corresponding to 26-28/2/2008.
- Attended the 19th Scientific Session of the Saudi Heart Association and Annual Meeting of the Pan Arab Congenital Heart Disease Association PACHDA in Riyadh Intercontinental Hotel, February 11 – 14, 2008.
- 18th Aseer Urology Club which was in 10/1/2008 at Abha private hospital, Abha, Kingdom of Saudi Arabia.
- The 9th conference of Gastrointestinal & Liver Diseases which was in May 7 – 10 2007, King Khaled University, Abha, Saudi Arabia.
- Attended the spectrum of brain disorders in Aseer, Saudi Arabia held on March 21, 2007.

Personal skills and competences:**1. Medical skills and procedure**

mastering all medical procedure done at the level of primary care such:

- Mastering all consultation & communication skills needed at the family medicine sitting.
- Expert as a health advocator & educator
- Interested in Medical Education
- Foley's catheter insertion.
- Chest tube insertion.
- wound suturing.
- Close reduction of fracture.
- Doing cast and slap of fracture bone.
- I.V insertion,
- IM, SC & ID injection

- NGT insertion and removing.
- Lumbar punctures
- Ascetic & pleural fluid tab.
- ECG application & practice

2. Research Skills

- Evidence Based Medicine Trainer
- Assistant for researcher in Medical Research methodology
- Expert in Sampling Techniques
- Medical Statistics.
- Experimental designing
- Research consultant for the academic staff
- Trainer for different references programs (EndNote, Reference Manager, Mendely,.....etc.)
- Manuscript preparation
- Expert in communication with different national & International Journals

3. Computer Skills

- Word, power point & excel (office program)
- Reference Manager, EndNote & Mendely for references in medical researches
- EBM (evidence based medicine) researching, training & practicing
- SPSS statistical programs
- Mind manager, mind map program.... etc.

4. General Personnel Skills

- Reader & researcher in Qur'an readings.
- Languages, Arabic Native speaker. Speak English fluently.
- Leadership skills.
- General communication skills

Professional Associations Membership (National & International):

- 1- Saudi Society of Family and Community Medicine
- 2- Blind Charity Association (Roya) At Medinah Region
- 3- Kawther Charity Association At Abha

Publications:

1. **Al-qahtani AM**, RA-A-GKA-G. Childhood obesity: Prevalence, risk factors and lifestyle behaviour among primary school male children in Al- Madinah Al-Munawarah, Saudi Arabia. Int J Med Sci Public Heal [Internet]. 2013 [cited 2016 Apr 1];2(4):1058–62. Available from: <http://www.scopemed.org/?mno=43965>
2. Omer HA, **Al-qahtani AM**, Assiri M, Alzahrani MA, Alasmay MY, Alghamdi AS. ENIGMATIC EVOLUTION OF THE ASSOCIATION OF TUBERCULOSIS PERITONITIS AND PRIMARY AMYLOIDOSIS. Int J Adv Case Reports. 2015;2(3):94–6.

3. Al-shehri H, **Al-qahtani A**, Hassan K, Zakaria H, Al-refae M, Al-asmary M. Benign Cystic Mesothelioma of the Spleen: a Case Report. *Int J Adv Case Reports*. 2015;2(7):465–7.
4. AlHarbi A, **AlQahtani A**. pregnancy spacing saudi married women attending primary health care in almadinah city.pdf. *Med J Cairo Univ*. 2015;83(2):231–7.
5. **Al-qahtani AM**, Mohammed Y, Ragea A, Al-amrah MS, Ali S, Qarni A, et al. Habits and lifestyle assessment of obesity and overweight among primary school students in Al-Madinah City. *Int J Innov Med Educ Res*. 2016;2(1):45–50.
6. Mohammad Mater Al-Johani, **AMA-Q**. Prevalence and risk factors of anxiety among Saudi male secondary schools' students in Madinah, Saudi Arabia. *Int J Med Sci Public Heal [Internet]*. 2016 [cited 2016 Apr 1];5(9). Available from: <http://www.scopemed.org/?mno=218161>
7. AlShehri H, AlQahtani A, Shaikh I, Hassan M, AlQahtani N, **AlQahtani A**, et al. Assessment of lifestyle and eating habits among undergraduate students in Najran University, Najran, Saudi Arabia. *Int J Med Sci Public Heal [Internet]*. 2017;6(3):1. Available from: <http://www.scopemed.org/fulltextpdf.php?mno=246321>
8. **Al-Qahtani A**, Sundogji H. Attitudes and knowledge of obesity risks among Male high school students in Al-Madinah, Saudi Arabia. *J Appl Pharm Sci [Internet]*. 2016;6(10):154–8. Available from: http://www.japsonline.com/abstract.php?article_id=2027
9. **Al-Qahtani AM**, Al-Harbi MB. Prevalence and Risk Factors of Anxiety among Female Governmental Secondary Schools Students in Al-madinah, Saudi Arabia. *Indian J Pharm Educ Res [Internet]*. 2017;51(1):136–43. Available from: <http://www.ijper.org/article/537>
10. **Al-qahtani A**, Ghamdi S Al, Harrabi I. Prevalence and determinants of non-controlled diabetic patients in Primary Health care centers in Najran city , KSA. *Int J Med Heal Res*. 2017;3(1):55–8.
11. Ahmed AM, A-rahman NHA, Babikr WGH, **Al-qahtani M**, Al-qahtani FS, Mohamed H. *iMedPub Journals Brief Tips on Domestic Violence : Basic Facts to Understand its Dynamics*. 2016;1–3.
12. Babikr WG, Aedh AI, Ahmed AM, Abdelraheem A, Alasmary M, **Al-qahtani AM**, et al. Assessment of knowledge , attitude and practice of diabetic people in Najran , Kingdom of Saudi Arabia. *Int J Res Med Sci*. 2017;5(5):2150–5.
13. Savant CB, Kulkarni AR, Abdel-wahab BA, **Al-qahtani AM**. Phytochemical characterization and Antibacterial potentials of *Mangifera indica* L . bark oil. 2017;7(4):138–41
14. Abdul-Rahman A. Hummadi, Ayel O. Yahya, **AMA-Q**. Late Diagnosis of 5- α -Reductase Type 2 Deficiency in an Adolescent Girl with Primary Amenorrhoea. 2017;17(May):218–20

Hobbies

- Reading updates on family medicine topics with application of Evidence Based Medicine
- Contributes & symposiums. attends new courses and workshops in medical fields, especially in Family Medicine
- Participates in conducting researches and clinical trials
- Reading books especially in, Qura'an, Qura'an reading, Islamic Books, Arabian art books and educational book.