

Kingdom of Saudi Arabia
Ministry of Higher Education
Najran University
College of Nursing



Nursing Program

Clinical Log Book for Nursing Interns Students

سجل الأداء العملي

لطالبات امتياز التمريض

Academic Year: 1435-1436

Student's Name: _____

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Introduction

Nursing is a health care profession focused on the care of individuals, families, and communities so they may attain, maintain, or recover optimal health and quality of life from birth to death. Nurses work in a large variety of specialties where they work independently and as part of a team to assess, plan, implement and evaluate care. The focus of nursing intern program is the management of client situations that the intern can treat legally and independently. It will assist intern in transferring theoretical knowledge to clinical practice

Nursing Program Mission Statement

Nursing program at Najran University is committed to:

- Provide the community with a qualified graduates at the field of nursing.
- Offer a supportive, collaborative learning environment.
- Continuous improvement of the program to meet the national standards and to satisfy community and labor market needs.

Nursing program goals:

- Provide a quality nursing education, and integrate best practices in the field of nursing with a special stress on Islamic values and cultural concepts.
- Empower our students with knowledge, skills and attitudes to graduate as a competent nurses able to provide nursing care in a variety of settings to individuals, families and communities.
- Develop a Community engagement through service and research activities.
- Cultivate in the students a desire for lifelong learning and improvement.
- Support and improve faculty and staff performance.
- Engage in national and regional academic relationships that will promote our improvement.



The program learning objectives are to:

- Empower the students with comprehensive knowledge of nursing sciences, including theories and principles related to the field, with reference to the correlated sciences, arts and legislations essential for nursing practice.
- Expand the students' ability to use critical thinking scientifically and professionally in solving patient health problems.
- Prepare the students to participate and cooperate actively in health teams considering social and cultural issues while providing holistic nursing care to individuals, families and communities.
- Develop the student ability to use numerical, statistical and communication skills in addressing health problems with appropriate application of suggested solution.
- Qualify the students to apply nursing process in solving problems and in providing competent holistic patient care according to evidence based practice with respect to Islamic culture.



Internship Mission and Goals

Mission:

The nursing internship program provides the clinical experience and advanced study necessary for the novice nurse to progress to competency. Growth in professional nursing practice and fostering nursing excellence will meet the healthcare needs of patients within healthcare system

Goals:

The goals of the nursing internship program are to:

- Provide an opportunity for the intern to demonstrate understanding and competence in technical skills and procedures related to their specialty
- Provide an opportunity to apply sound clinical judgment, problem solving and critical thinking skills throughout the nursing process in the management of patient care
- Develop time management and delegation skills
- Develop leadership abilities as a first line manager
- Apply communication skills with patients as well as health team members
- Apply principles of recording and reporting in utilizing different formats of health care records
- Provide an orientation of the nurse intern to the specialty unit



GENERAL OBJECTIVES FOR THE INTERNSHIP PROGRAM:

The program aims to:

- Increase the competence of interns by providing opportunities to practice in suitable areas and to perform their actual professional duties and responsibilities.
- Enhance their skills and abilities gained during the theoretical and clinical training period in the college and to apply their theoretical knowledge in clinical practice.
- Prepare the interns to perform their professional responsibilities by developing professional ethics and attitudes through their work as actual health care team member.
- Develop self confidence in the interns and change the view of the society toward nursing profession by making sure that they able to perform all duties and responsibilities in a competent way before depending completely on them.
- Identify the specific clinical abilities for each intern and her preferred specialty and direct them to work in the fields in which they are more efficient.
- Achieve the involvement of the interns in research projects and motivate them to generate original innovative ideas and develop their scientific writing ability
- Create and promote the sense of job belonging



Internship ILOs:

A-Knowledge domain:

1. Demonstrate a complete understanding of cultural and ethical consideration while providing care to patients
2. Possess a comprehensive systematic body of knowledge in their field according to different specialties
3. Acquire advanced knowledge about universal infection control precautions
4. Demonstrate a complete understanding of common diagnosis, signs, symptoms and nursing interventions
5. Discuss management process
6. Identify steps of decision making process.
7. Describe roles and responsibilities of first line nurse manager
8. Demonstrate a complete understanding of top level management's responsibilities
9. Explain different types of organizational structure
10. Recognize different types of communication
11. Explain principles of performance appraisal and total quality management

B-Cognitive domain:

- 1-Effectively utilize steps of decision making in different situations
- 2-Conduct individualized nursing care plan for patients with different health problems
- 3-Plan nursing actions to meet patients' needs and solve their problems
- 4-Modify the plan of care based on observable responses of patients
- 5 -Participate in managing adequate supplies and equipment in the unit
- 6-Recognize need to initiate basic life support procedures as CPR.
- 7-Participate in maintaining quality and standards of nursing care in unit.



C- Interpersonal skills domain:

- 1-Work effectively in groups and exercise leadership when appropriate
- 2-Accept responsibility for keeping their own knowledge and skills up to date through on going professional development and learning
- 3-Develop effective therapeutic relationship with patients and their families
- 4-Maintain patient rights and professionals standards of ethical and legal conduct.
- 5-Accept duties and responsibilities for non-malpractice and negligence
- 6-Practice in a holistic, caring and nonjudgmental manner that recognize and respect patients' rights and beliefs

D- Communication, Information technology and Numerical skills:

- 1-Communicate effectively both orally and in writing.
- 2-Document accurately patient data using specific recording format according to hospital policy.
- 3 -Provide health care education to patient and their families.
- 4-Participate in discharge planning and teaching
- 5-Use effectively computers and other information systems to support nursing practice

E- Psychomotor Skills

- 1-Perform physical assessment according to each specialty.
- 2-Follow principles of aseptic techniques and infection control precautions
- 3-Demonstrate effectively basic life support procedures in dealing with critically ill patient
- 4-Apply nursing skills related to patient care safely and efficiently.
- 5-Administer medications safely following the rights of medication administration



Benefits of Internship Training.

- Completing internships during college allows intern to explore and experiment while gaining professional experience and exposure. Additionally, internship training helps participants develop essential skills and build the confidence to secure a first job or graduate school opportunity.

Some of the advantages an internship training offers:

- Learn more about a chosen field.
- Apply classroom theory to real work situations.
- Become more knowledgeable about general work functions in particular fields.
- Identify and/or test interests and talents.
- Investigate organizational cultures.
- Learn career-related skills.
- Strengthen written and oral skills.
- See if a selected career path is one you truly wish to travel.
- Make contacts to gain future employment.
- Bridge between college and work.
- Stimulate new interest in academic course work and frequently develop an interdisciplinary perspective.
- Gain an increased awareness of skills, attributes, personal qualities and values.



***Rules for commencing the internship program:**

- Interns should complete all courses set by the curriculum plan in four years study and all university courses successfully prior to commencing the internship program.

***Rules for successful completion of internship year:**

- Internship program is crucial for attaining a bachelor degree in nursing
- Interns who fail to pass less than 70 % in each rotation will be required to repeat this rotation at the end of internship year as designated by the internship committee.
- Intern should pass an exit exam successfully at the end of internship year.



Objectives of Medical Ward

By the end of the clinical training in the Medical ward the student will be able to:

1. Assess patient physical, psychological and social status.
2. Demonstrate skill of history taking
3. Participate in bed side care (hygienic care, feeding, positioning .elimination, suctioning)
4. Demonstrate skills of medication &IV therapy administration
5. Follow rules and regulation of infection control
6. Perform different diagnostic procedures
7. Adhere to hospital policies and procedures

Nursing Activities in Medical ward

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved			
		Skill level	Level of performance	Frequency	Level	Date	Sign											
1	Shift assessment -Assessing thorax and lung	IS	D	4	Level													
					Date													
					Sign													
	-Assessing heart and neck	IS	D	4	Level													
					Date													
				Sign														
	-Assessing abdomen	IS	D	4	Level													
					Date													
					Sign													
	-Assessing extremities and peripheral circulation	IS	D	4	Level													
					Date													
					Sign													
	-Assessing,& recording intake and output	SS	A	4	Level													
					Date													
					Sign													
2	Advanced technology for diagnostic test: preparation patient ,equipment's for following: a- Liver biopsy	IS	D	4	Level													
					Date													
					Sign													
	b-lumber puncture, bone marrow aspiration, thoracentesis & paracentesis	IS	D	4	Level													
					Date													
					Sign													
	c- Bronchoscope	SS	D	4	Level													
					Date													



No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved					
		Skill level	Level of performance	Frequency	Sign															
	d-Colonoscopy	IS	D	4	Level															
	e-Electro cardio gram	IS	D	4	Date															
3	Laboratory test a-Collecting blood sample	IS	A	6	Sign															
					Level															
					Date															
	b-Obtain blood culture	IS	A	4	Sign															
					Level															
					Date															
	c-Obtain wound culture	SS	A	4	Sign															
					Level															
					Date															
	d-Collect sputum sample by expectoration	SS	A	4	Sign															
					Level															
					Date															
	e-Collect sputum sample by suction	CS	C	4	Sign															
					Level															
					Date															
	F-Collect mid-stream urine sample	IS	A	4	Sign															
					Level															
					Date															



No	Skill / Procedure	Targeted			Actual (Signature and date)									Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level											
	g-Urine screening for sugar ,albumin ,acetone	SS	A	4	Level											
					Date											
					Sign											
	h-Monitoring blood glucose by gulco-check machine	SS	A	4	Level											
					Date											
					Sign											
4	Oxygenation a-Administration oxygen by low devices system	SS	A	4	Level											
					Date											
					Sign											
	b-Administration of small volume nebulizer	IS	B	4	Level											
					Date											
					Sign											
	C-Provide chest physio-therapy (postural drainage, percussion, vibration)				Level											
					Date											
					Sign											
5	Nutrition a-Insertion NGT tube	IS	B	4	Level											
					Date											
					Sign											
	b-Removal of NGT tube	IS	B	4	Level											
					Date											
					Sign											
	c-Administration NGT feeding	IS	B	4	Level											
					Date											
					Sign											

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved				
		Skill level	Level of performance	Frequency	Level														
6	Elimination A-Insert urinary catheter Elimination	IS	B	4	Level														
		Date																	
		Sign																	
	B-Removal of retention catheter	IS	B	4	Level														
		Date																	
		Sign																	
	c- Administering enema	SS	B	4	Level														
		Date																	
		Sign																	
	d-Administering disposable ENEMA	SS	A	4	Level														
		Date																	
		Sign																	

College Instructor
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College Dean
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SKILL LEVEL:
SS=simple skill
IS=intermediate skill
CS = complex skill

LEVEL OF PERFORMANCE:
A: Ability to perform the activity without supervision
B: Ability to perform the activity under supervision
C: Ability to assist with performance of activity
D: knowledge of activity by observation

Achieved = pass the minimum requirements
Not Achieved= did not meet the minimum requirements

Objectives of Surgical Ward

By the end of the clinical training in the surgical ward the student will be able to:-

1. Provide direct nursing care for patients with common surgical interventions.
2. Provide preoperative nursing care
3. Provide immediate post-operative nursing care
4. Provide routine post-operative nursing care
5. Change dressing for closed, open surgical wound
6. Change dressing for diabetic foot
7. Insertion IV cannula
8. Priming IVF and regulate the rate

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Nursing Activities in surgical ward

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
1	-Application of external heating device	SS	A	4	Level												
					Date												
					Sign												
	-Seitz bath to intact or open skin	SS	A	4	Level												
					Date												
					Sign												
	-Cold ice compressor & ice bag	SS	A	4	Level												
					Date												
					Sign												
	-Preparing sterile filed, add the heat sealed supplies and pouring solution	IS	B	4	Level												
					Date												
					Sign												
	-Don surgical dressing	CS	B	4	Level												
					Date												
					Sign												
	-Don Open wound dressing	CS	B	4	Level												
					Date												
					Sign												
	-Monitoring and measuring drain devices	CS	B	4	Level												
					Date												
					Sign												

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved			
		Skill level	Level of performance	Frequency	Level													
	-Drain removal	CS	B	4	Level													
					Date													
					Sign													
	-Suture removal	IS	B	4	Level													
						Date												
						Sign												
2	<u>Provide per-operative care</u>	IS	B	4	Level													
	a-Preoperative teaching				Date													
	Provide per-operative care				Sign													
	b-Preoperative preparation	IS	B	4	Level													
						Date												
						Sign												
3	<u>Intra-operative</u>				Level													
	a-Implement surgical hand wash	SS	A	4	Date													
					Sign													
	b-Implement gowning and gloving	SS	A	4	Level													
						Date												
						Sign												

4	a-Immediate postoperative nursing care	CS	C	4	Level																
					Date																
					Sign																
	b-Routine postoperative nursing care	CS	C	4	Level																
					Date																
					Sign																

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Objectives of Emergency Ward

By the end of the clinical training in the Emergency ward the student will be able to:-

1. Provide nursing care for patients with common problem
2. Receive patient at triage area and categorize them
3. Demonstrate common bedside nursing care
4. Document clearly according to hospital policy



Nursing Activities in Emergency ward

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
1	-Assess patient need and vital signs	SS	A	6	Level												
					Date												
					Sign												
2	-Record patient data in registration record	SS	B	6	Level												
					Date												
					Sign												
3	-Assist physician during examination	SS	C	6	Level												
					Date												
					Sign												
4	-Administration of oxygen therapy : a-Nasal cannula	SS	A	6	Level												
					Date												
					Sign												
	b-Simple face mask	SS	A	6	Level												
					Date												
					Sign												
5	- Administration of inhalation therapy small volume nebulizer	SS	A	6	Level												
					Date												
					Sign												
6	- Withdraw blood sample	IS	B	6	Level												
					Date												
					Sign												
7	-Demonstrate gluco -check	IS	A	6	Level												
					Date												
					Sign												

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
8	-Demonstrate urine test for albumin, glucose and acetone	SS	A	4	Level												
					Date												
					Sign												
9	-Perform ECG	IS	B	4	Level												
					Date												
					Sign												
10	-Demonstrate wound dressing	IS	B	4	Level												
					Date												
					Sign												
11	-Insertion IV catheter	IS	B	4	Level												
					Date												
					Sign												
12	-Priming and regulating IV fluid	IS	A	4	Level												
					Date												
					Sign												
13	-Demonstrate the correct drug calculation	SS	B	6	Level												
					Date												
					Sign												
14	- Administration of IM injection	IS	A	6	Level												
					Date												
					Sign												
15	- Administration of SC injection	SS	A	6	Level												
					Date												
					Sign												
16	- Administration of IV injection	IS	B	4	Level												



No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved			
		Skill level	Level of performance	Frequency	Date													
17	- Check emergency cart	SS	A	6	Date													
					Sign													
					Level													
18	-Documentation according to hospital policy	SS	B	6	Date													
					Sign													
					Level													

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Objectives of Intensive Care Ward

By the end of the clinical training in the Emergency ward the student will be able to:-

1. Identify need and indications of mechanical ventilation
2. Monitor ventilator settings
3. Provide nursing care for patients
4. Prepare equipment and assist in procedures
5. Assist in medication calculation and administration



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Nursing Activities in Intensive Care Unit

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
1	-Provide care for patient with ventilator	CS	B	4	Level												
					Date												
					Sign												
2	-Monitor patient condition a-Vital signs	SS	A	6	Level												
					Date												
					Sign												
	b-Level of consciousness using coma scale	SS	A	4	Level												
					Date												
					Sign												
	c-Check invasive tubes and connections	SS	A	4	Level												
					Date												
					Sign												
	d- Assess intake & output	SS	A	4	Level												
					Date												
					Sign												
	e- Assess o2 saturation	SS	A	6	Level												
					Date												
					Sign												
	f- Measure CVP	IS	B		Level												
					Date												
					Sign												
	g-Provide endtracheal and tracheostomy suction &care	CS	B	4	Level												
					Date												
					Sign												

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
3	-Administration of medication by different routes	SS	B	4	Level												
					Date												
					Sign												
4	-Assist in arterial blood gases puncturing	CS	C	6	Level												
					Date												
					Sign												
5	-Performing ECG	IS	A	4	Level												
					Date												
					Sign												
6	-Administration of NGT feeding	SS	B	4	Level												
					Date												
					Sign												
7	-Set up syringe pump & infusion pump	CS	B	4	Level												
					Date												
					Sign												
8	- Assist in Cardio version and defibrillation	CS	C	4	Level												
					Date												
					Sign												

9	- Assist in providing care after death	IS	C	4	Level											
					Date											
					Sign											
10	-Document according to hospital policy	SS	B	4	Level											
					Date											
					Sign											

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Objectives of Pediatric Ward

By the end of the clinical training in the Pediatric ward the student will be able to:-

- 1- Assess anthropometric measure & recording on graph
- 2- Demonstrate skills of history taking (assessment of newborn, preterm & pediatric)
- 3- Perform Nursing care for common pediatric disease
- 4- Provide health teaching to the parent
- 5- Assist in common diagnostic study



Nursing Activities in Pediatric ward

No	Skill /Procedure	Targeted			Actual (Signature and date)								Achieved /not achieved
		Skill level	Level of performance	Frequency	Level								
1	<u>-Admission procedure:</u> <ul style="list-style-type: none"> • Arrange bed linens for admission • Perform initial assessment/ VS • Give brief instruction/ orientation • Inform resident physician about admission • Assist in collecting lab-test specimen 	IS	B	3	Level								
					Date								
					Sign								
2	<u>-Assess growth & development:</u> <ul style="list-style-type: none"> • Weight • Height • Head circumference • Chest circumference • Record on growth graph 	SS	A	10	Level								
					Date								
					Sign								
3	<u>-Demonstration of:</u> <ul style="list-style-type: none"> • NGT • Gastrostomy feeding 	IS	A	3	Level								
					Date								
					Sign								
4	-Insertion of IV cannula	CS	C	1	Level								
					Date								
					Sign								
5	-Priming & regulating IV fluids (time needed for each bottle + flow rate)	CS	B	3	Level								
					Date								
					Sign								
6	-Calculate medications correctly	IS	A	6	Level								
					Date								

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved	
		Skill level	Level of performance	Frequency	Sign											
7	-Administration of various routes of injections - Intramuscular Injection - Subcutaneous Injection - Intradermal Injection	IS	B	2	Level											
					Date											
					Sign											
8	-Administration of IV-push medication & using controlled volume set	IS	B	6	Level											
					Date											
					Sign											
9	-Administering oral medication	IS	A	10	Level											
					Date											
					Sign											
10	-Assist in blood transfusion procedure	CS	B	2	Level											
					Date											
					Sign											
11	-Administration of O2 therapy	SS	A	10	Level											
					Date											
					Sign											
12	-Administration of inhalation therapy/nebulizer	IS	A	10	Level											
					Date											
					Sign											
13	Suctioning	CS	B	3	Level											
					Date											
					Sign											
14	Withdraw blood sample	IS	B	6	Level											
					Date											
					Sign											



No	Skill /Procedure	Targeted			Actual (Signature and date)								Achieved /not achieved			
		Skill level	Level of performance	Frequency	Level											
15	-Prepare pt for discharge (give pt& parents health teaching about appointments, medications, diet & any special instruction)	IS	B	6	Level											
					Date											
					Sign											
16	-Prepare pt for diagnostic procedures - lumber puncture -Liver Biopsy -Bone marrow aspiration	CS	D	2	Level											
					Date											
					Sign											
17	-Assist in chest physiotherapy	SS	B	2	Level											
					Date											
					Sign											
18	-Documentation	IS	B	10	Level											
					Date											
					Sign											

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Not Achieved=did not meet the minimum requirements

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Nursing program**

Nursing Activities in NICU ward

No	Skill / Procedure	Targeted			Actual (Signature and date)								Achieved /not achieved
		Skill level	Level of performance	Frequency	Level								
1	<u>-Admission procedure:</u> <ul style="list-style-type: none"> • Arrange baby crib linens for admission • Perform initial assessment/ VS • Assist in collecting requested investigations' specimens • Prepare the pt's file 	IS	B	6	Level								
					Date								
					Sign								
2	<u>Demonstration of skills related to incubator care:</u> <ul style="list-style-type: none"> • Daily care of incubator • Terminal care of incubator 	IS	B	6	Level								
					Date								
					Sign								
3	<u>-Monitoring pt on mechanical ventilation:</u> <ul style="list-style-type: none"> • Check ventilator mode/rate & frequency • Check O2 percentage • Check & activate the alarm system • Check tidal volume • Assess pt condition 	CS	D	10	Level								
					Date								
					Sign								
4	Checking V.S, O2 saturation continuously	SS	A	10	Level								
					Date								
					Sign								
5	-Assist in preparing emergency equipment& medications	CS	C	6	Level								
					Date								
					Sign								
6	-Assist in suctioning & chest physiotherapy	CS	B	6	Level								
					Date								



No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved	
		Skill level	Level of performance	Frequency	Sign											
7	-Demonstrate or assist in feeding <ul style="list-style-type: none"> • Bottle feeding • NGT feeding 	IS	B	6	Level											
					Date											
					Sign											
8	- Calculate & administer medications correctly via various routes (IV, IM, oral or inhalation)	IS	B	6	Level											
					Date											
					Sign											
9	- Priming & regulate IVF (infusion or syringe pump system)	IS	B	6	Level											
					Date											
					Sign											
10	- Administer O2 therapy	SS	A	6	Level											
					Date											
					Sign											
11	- Hygiene care	SS	A	10	Level											
					Date											
					Sign											
12	-Phototherapy	IS	A	10	Level											
					Date											
					Sign											
13	-Prepare pt for discharge (give pt& parents health teaching about appointments, medications, diet & any special instruction)	CS	B	3	Level											
					Date											
					Sign											
14	-Documentation	IS	B	6	Level											
					Date											
					Sign											
15	- Hygiene care	IS	B	6	Level											

No	Skill / Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Date												
16	-Phototherapy	CS	D	2	Date												
					Sign												
					Level												
17	-Prepare pt for discharge (give pt& parents health teaching about appointments, medications, diet & any special instruction)	SS	B	2	Date												
					Sign												
					Level												
18	-Documentation	IS	B	10	Date												
					Sign												
					Level												

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Objectives of Obstetrics & Gynecology Nursing clinical training

By the end of Antenatal Nursing clinical training every student will be able to:

1. Perform an assessment of the bio-psychosocial need of the women during child bearing period.
2. Formulate nursing diagnosis for women & addressing unmet need according to priorities.
3. Perform nursing interventions based upon the formulated plans and according to women's need.
4. Formulate health education plans for women according to their individual need & problems
5. Evaluate nursing interventions and re-establish priorities according to the reassessment

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Nursing Activities in Antenatal ward

No	Skill /Procedure	Targeted			Actual (Signature and date)												Achieved /not achieved
		Skill level	Level of performance	Frequency	Level												
1	Admission procedure	SS	A	10	Level												
					Date												
					Sign												
2	Assist in ultrasound	IS	A	10	Level												
					Date												
					Sign												
3	Perform the first physical examination during pregnancy	IS	B	5	Level												
					Date												
					Sign												
4	Perform Leopold's maneuvers	IS	B	5	Level												
					Date												
					Sign												
5	Assisting with pelvic examination during pregnancy.	IS	C	2	Level												
					Date												
					Sign												
6	Testing urine for protein & sugar using urinary dipstick	IS	A	5	Level												
					Date												
					Sign												

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
7	Assessing pitting edema	IS	D	5	Level												
					Date												
					Sign												
8	Non stress test (NST)	CS	B	5	Level												
					Date												
					Sign												
9	Auscultation fetal heart rate	IS	A	10	Level												
					Date												
					Sign												
10	Self-care Perineal care	IS	A	10	Level												
					Date												
					Sign												
11	Final assessment				<ul style="list-style-type: none"> - Fulfilled the requirements and sat to the next rotation. - Didn't fulfill the requirement and is not allowed to set for the next rotation . 												

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Objectives in Delivery Room

By the end of delivery room clinical training every student will be able to:

1. Perform local & general Physical examination.
2. Perform vaginal examination during labor.
3. Auscultate fetal heart sound.
4. Monitor Maternal & fetal condition during labor using pantograph.
5. Administer cleansing enema during labor.
6. Perform catheterization for female in labor following aseptic technique.
7. Assist in induction of labor by oxytocin infusion.
8. Prepare of women for cesarean section.
9. Provide immediate care of the newborn.
10. Tailor at least four nursing care plan for women according to their need
11. Assist in episiotomy incision and repair



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Nursing Activities in delivery room ward

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved			
		Skill level	Level of performance	Frequency	Level													
1	Monitoring woman during labor using paragraph	IS	A	10	Level													
					Date													
					Sign													
2	Assessing uterine contraction	SS	A	10	Level													
					Date													
					Sign													
3	Preparation for labor& delivery Instruments	IS	B	10	Level													
					Date													
					Sign													
4	Management of oxytocin administration	IS	B	10	Level													
					Date													
					Sign													
5	Assisting in episiotomy performance and repair	CS	C	5	Level													
					Date													
					Sign													
6	Catheterization during labor	IS	B	10	Level													
					Date													
					Sign													
7	Vaginal examination during labor	IS	B	5	Level													
					Date													
					Sign													

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
8	Perineal care	IS	A	10	Level												
					Date												
					Sign												
9	Cardio-tocograph in labor (CTG Monitoring)	IS	A	10	Level												
					Date												
					Sign												
10	Monitoring in the woman during 4 th stage of labor	IS	A	10	Level												
					Date												
					Sign												
11	Placental Examination	IS	A	10	Level												
					Date												
					Sign												
12	Immediate care of the newborn & Apgar Score	IS	B	10	Level												
					Date												
					Sign												
	Final assessment				<ul style="list-style-type: none"> Fulfilled the requirements and sat to the next rotation. Didn't fulfill the requirement and is not allowed to set for the next rotation . 												

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Objectives in Postnatal Ward

By the end of postnatal ward clinical training every student will be able to:

1. Take complete history from the woman after delivery
2. Assess the maternal condition in the immediate postpartum period.
3. Perform postpartum examination
 - Examine the breast , uterus & perineum
 - Inspection for lochia (color , amount & odor)
4. Perform episiotomy and perineal care.
5. Instruct women about perineal self-care.
6. Check infant's general condition, vital signs, weight, skin color & present of any abnormalities.
7. Conduct at least two teaching classes according to the mother & newborn needs.
8. Tailor at least three nursing care plan for postpartum women according to needs.

Nursing Activities in Postnatal ward

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
1	Postpartum assessment	SS	A	10	Level												
					Date												
					Sign												
2	Episiotomy care	SS	A	10	Level												
					Date												
					Sign												
3	Postpartum abdominal examination	IS	A	10	Level												
					Date												
					Sign												
4	Self-perineal care	SS	A	10	Level												
					Date												
					Sign												
5	Assessing the pitting edema	SS	A	10	Level												
					Date												
					Sign												
6	Breast care	SS	A	10	Level												
					Date												
					Sign												
7	Teach the post natal exercise		A		Level												

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved				
		Skill level	Level of performance	Frequency	Date														
		SS		10	Sign														
8	Assist woman in breastfeeding	SS	A	10	Level														
					Date														
					Sign														
9	Routine baby care	SS	A	10	Level														
					Date														
					Sign														
10	Assist in pelvic examination	IS	A	10	Level														
					Date														
					Sign														
	Final assessment				<ul style="list-style-type: none"> - Fulfilled the requirements and sat to the next rotation. - Didn't fulfill the requirement and is not allowed to set for the next rotation. 														

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Objectives gynecologic nursing and family planning unit

By the end of gynecologic nursing and family planning unit clinical training every student will be able to:

1. Provide adequate preparation according to standard precautions before any obstetrics and gynecologic procedures.
2. Apply post procedure tasks after finishing any invasive and non-invasive procedure related to gynecologic problems.
3. Perform all nursing procedures related to care of the women during gynecological and family planning procedures.

Nursing Activities in gynecologic nursing and family planning unit

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved																																																																																																																																																																																																																																																																																																																																						
		Skill level	Level of performance	Frequency	Level																																																																																																																																																																																																																																																																																																																																																
1	Breast examination	SS	A	10	Level																		Date																		Sign													2	Assist in pelvic examination	SS	C	5	Level																		Date																		Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level												
					Date																		Sign													2	Assist in pelvic examination	SS	C	5	Level																		Date																		Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																														
					Sign													2	Assist in pelvic examination	SS	C	5	Level																		Date																		Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																
2	Assist in pelvic examination	SS	C	5	Level																		Date																		Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																		
					Date																		Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																				
					Sign													3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																						
3	Assist in ultrasound	IS	C	10	Level																		Date																		Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																																								
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					Sign													4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																																																																												
4	Vaginal irrigation	SS	A	5	Level																		Date																		Sign													5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																																																																																														
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5	Insertion of vaginal suppositories or cream	SS	A	5	Level																		Date																		Sign													6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																																																																																																																																																				
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6	Pre-operative care for vaginal operations	SS	A	5	Level																		Date																		Sign													7		SS	A	5	Level																																																																																																																																																																																																																																																																																										
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No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Date												
	Post-operative care for vaginal operations				Date												
					Sign												
8	Assist in vaginal packing/ pack removal	SS	C	3	Level												
					Date												
					Sign												
9	Assist in the insertion of IUD	SS	C	5	Level												
					Date												
					Sign												
10	Breast self-examination	SS	A	10	Level												
					Date												
					Sign												
	Final assessment				- Fulfilled the requirements and sat to the next rotation. - Didn't fulfill the requirement and is not allowed to set for the next rotation.												

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Objectives Nursing Administration

By the end of nursing administration experience every student will be able to

1. Apply roles of the first line nurse manager in patients' admission, discharge and transfer
2. Submit a shift report in a particular department
3. Apply various methods of patient care delivery system
4. Develop time schedule for nursing staff.
5. Fill certain types of records & reports forms that used in nursing unit
6. Assess and apply different roles of top level management



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Nursing program

Nursing Activities in Nursing Administration

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved			
		Skill level	Level of performance	Frequency	Level													
1	-Prepare unit for new admission	SS	B	4	Level													
					Date													
					Sign													
2	- Prepare patient file with essential formats of recording and reporting	SS	B	4	Level													
					Date													
					Sign													
3	- Follow and implement hospitals policies and procedures related to patient admission, discharge, transfer and death	CS	C	6	Level													
					Date													
					Sign													
4	Check absentissem of nursing staff	SS	A	4	Level													
					Date													
					Sign													
5	-Conduct daily planned patient care assignment	IS	C	6	Level													
					Date													
					Sign													
6	- Conduct shift report per shift	IS	B	6	Level													
					Date													
					Sign													
7	-Develop time scheduling	CS	B	2	Level													
					Date													
					Sign													
8	Write incident report	CS	C	2	Level													
					Date													
					Sign													

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Level												
9	Attend medical round with physicians	IS	D	6	Level												
					Date												
					Sign												
10	Distributes special duties to staff (crush trolley, medication	IS	B	4	Level												
					Date												
					Sign												
11	Make inventory list of supplies and equipment	IS	C	4	Level												
					Date												
					Sign												
12	Distributes supplies to nursing staff	SS	B	4	Level												
					Date												
					Sign												
13	Make list of equipment that needs maintenance	SS	B	2	Level												
					Date												
					Sign												
14	Use new technology for patient care procedures (lab investigation, medication	CS	C	6	Level												
					Date												
					Sign												
15	Conduct orientation for newly appointed staff	IS	D	2	Level												
					Date												
					Sign												
16	Supervise nursing care of nursing staff	IS	C	4	Level												
					Date												
					Sign												
17	Check unit cleanliness and organization	SS	A	2	Level												

No	Skill /Procedure	Targeted			Actual (Signature and date)										Achieved /not achieved		
		Skill level	Level of performance	Frequency	Date												
1	<u>B-Administrative skill in top levels management office :</u> -Demonstrate complete understanding of roles and responsibilities of nursing supervisors, and infection control supervisor	IS	D	4	Level												
					Date												
					Sign												
2	-Assess different management skills of nursing supervisor	IS	D	4	Level												
					Date												
					Sign												
3	- Apply different management skills of nursing supervisor	CS	C	4	Level												
					Date												
					Sign												
4	4- Assess different management skills of infection control supervisor	IS	D	4	Level												
					Date												
					Sign												
5	Apply different management skills of infection control supervisor	CS	C	4	Level												
					Date												
					Sign												

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