

T6. Course Specification (CS) توصيف المقرر

Institution المؤسسة	Najran University	Date التاريخ	18-8-1438h
College/Department القسم	Nursing college / Maternity and childhood Health Nursing		
A. Course Identification and General Information: التعريف بالمقرر الدراسي ومعلومات عامة عنه:			
1. Course title and code اسم ورمز المقرر الدراسي	Obstetrics and Gynecology Nursing 431 NUR-7		
2. Credit hours عدد الساعات المعتمدة	7hrs (3 theory +4 practical)		
3. Program(s) in which the course is offered. Nursing Program (If general elective available in many programs indicate this rather than list programs) البرنامج أو البرامج التي يقدم ضمنها المقرر الدراسي. (إذا كان المقرر يقدم كمقرر اختياري عام في عدة برامج، بين ذلك بدلاً من إعداد قائمة بهذه البرامج)			
4. Name of faculty member responsible for the course اسم عضو هيئة التدريس المسؤول عن المقرر الدراسي	Dr. Heba Abdel-Fatah Ibrahim		
5. Level/year at which this course is offered المستوى أو السنة التي يقدم فيها المقرر الدراسي	7th level 4th year		
6. Pre-requisites for this course (if any) المتطلبات السابقة لهذا المقرر (إن وجدت)	Medical Surgical (2) (317NUR-4)		
7. Co-requisites for this course (if any) المتطلبات المصاحبة لهذا المقرر (إن وجدت)	None		
8. Location if not on main campus موقع تقديم المقرر إن لم يكن داخل المقر الرئيس للجامعة Najran university campus (Medical colleges for girls).			
9. Mode of Instruction (mark all that apply) نمط التدريس (ضع علامة على كل ما ينطبق)			
a. Traditional classroom الفصل الدراسي التقليدي	<input checked="" type="checkbox"/>	What percentage النسبة المئوية	<input type="text" value="90%"/>
b. Blended (traditional and online) التعليم المدمج (التقليدي + عبر الانترنت)	<input type="checkbox"/>	What percentage النسبة المئوية	<input type="text"/>
c. e-learning التعليم الإلكتروني	<input type="checkbox"/>	What percentage النسبة المئوية	<input type="text"/>
d. Correspondence التعليم بالمراسلة (عن بعد)	<input type="checkbox"/>	What percentage النسبة المئوية	<input type="text"/>
f. Other طرق أخرى	<input checked="" type="checkbox"/>	What percentage النسبة المئوية	<input type="text" value="10%"/>
Comments التعليق: other as self-learning			

B. Objectives الأهداف

<p>1. What is the main purpose for this course ما هو الهدف الأساسي من هذا المقرر ؟ By the end of this course the students will be able to acquire essential knowledge and skills that needed in providing nursing care for the woman during normal and abnormal aspects of the maternity cycle and apply the nursing process to assess, plan and implement the quality care for women during their reproductive utilizing cycle. As well as gynecological problems of women in different stages of their lives.</p>
<p>2. Briefly describe any plans for developing and improving the course that are being implemented. (e.g. increased use of IT or web based reference material, changes in content as a result of new research in the field) صف بإيجاز أية خطط يتم تنفيذها لتطوير وتحسين المقرر الدراسي . (مثل الاستخدام المتزايد لتقنية المعلومات أو مراجع الإنترنت، والتغييرات في المحتوى كنتيجة للأبحاث الجديدة في مجال الدراسة). - Using problem solving strategy for teaching the course to improve students' abilities for creative thinking. - Develop obstetrics and gynecology nursing skill lab with modern equipment and dolls. - Modify the course contents according to the results of new research in the obstetrics and gynecology nursing field.</p>

C. Course Description (Note: General description in the form used in the Bulletin or handbook should be attached). وصف المقرر الدراسي (ملاحظة: ينبغي إرفاق وصف عام كما يظهر في النشرة التعريفية أو الدليل).

Course Description : وصف المقرر

1. Topics to be Covered : الموضوعات التي ينبغي تغطيتها :		
List of Topics قائمة الموضوعات	No. of Weeks عدد الأسابيع	Contact Hours الساعات الفعلية للتدريس
<p>1- <u>Theory:-</u> <u>Unit I</u></p> <ul style="list-style-type: none"> Anatomy and physiology of female reproductive system. Menstrual cycle. Conception and Fetal development 	2	6
<p><u>Unit II</u></p> <ul style="list-style-type: none"> Physiological changes during pregnancy, Diagnosis of pregnancy. Antenatal care. 	2	6
<p><u>Unit III</u></p> <ul style="list-style-type: none"> Normal Labour Management of normal labour 	2	6

<u>Unit IV</u>		1	3
• Normal puerperium			
<u>Unit VI</u>		2	6
• High risk pregnancy			
<u>Unit VII:</u>		2	6
• High risk labour			
<u>Unit VIII</u>		2	6
• High risk puerperium			
<u>Unit IX</u>		2	6
• Gynaecological problems			
• Family planning.			
2-Practical content :- Lab training (4wk) + hospital training(11wk)			
No.	ANTENATAL :	3.5	42
1.	Physical Examination for pregnant woman.	.5	6
2.	Leopold maneuvers	1	12
3.	Auscultation Fetal Heart Rate.	.5	6
4.	Assessing Pitting Edema	.5	6
5.	Urine dipstick	.5	6
6.	Prepare woman for ultrasound examination	.5	6
	INTRA-NATAL :	5.5	66
7.	Vaginal examination during labor	1	12
8.	Intrapartum electronic fetal monitoring	.5	6
9.	The Partogram	.5	6
10.	Perineal care	1	12
11.	Episiotomy	1	12
12.	Placental examination	.5	6
13.	Immediate care of the newborn	1	12
	POSTNATAL	3	36
14.	Postpartum assessment	.5	6
15.	Postpartum abdominal examination	1	12
16.	Self-perineal care	.5	6
17.	Routine episiotomy care	.5	6
18.	Breast care	.5	6
	GYNECOLOGY	3	36
19.	Pelvic examination and Pap Smear	1	12
20.	Preoperative care for gynecological patient	.5	6
21.	Postoperative care for gynecological patient	.5	6
22.	Breast self –examination	1	12

2.Course components (total contact hours and credits per semester):
مكونات المقرر (اجمالي عدد الساعات الفعلية والوحدات المعتمدة لكل فصل دراسي):

	Lecture المحاضرة	Tutorial مجموعات صغيرة	Laboratory or studio المعمل أو الاستديو	Practical التطبيقي	Other: أخرى	Total الاجمالي
Contact Hours الساعات الفعلية	45 hour	-	72	108	-	225
Credit الوحدات المعتمدة	3hour	-	4		-	7

3-Additional private study/learning hours expected for students per week
ساعات الدراسة الخاصة /ساعات التعلم الإضافية المتوقعة من الطالب أسبوعياً

7 hr.

4. Course Learning Outcomes in NQF Domains of Learning and Alignment with Assessment Methods and Teaching Strategy.
مخرجات تعلم المقرر وفقاً لمجالات التعلم بالاطار الوطني للمؤهلات واتساقها مع أساليب التقويم واستراتيجيات التدريس.

On the table below are the five NQF Learning Domains, numbered in the left column.
في الجدول الموضح أدناه يوجد خمس مجالات للتعلم مرقمة في العمود الأيسر.

First, insert the suitable and measurable course learning outcomes required in the appropriate learning domains (see suggestions below the table)

أولاً، يجب ان توضع مخرجات تعلم المقرر القابلة للقياس امام مجال التعلم المناسب (انظر المقترحات في الجدول أدناه)

Second, insert supporting teaching strategies that fit and align with the assessment methods and intended learning outcomes.

ثانياً، ادخل استراتيجيات التدريس التي تتماشى وتتسق مع اساليب التقويم ومخرجات التعلم المستهدفة

Third, insert appropriate assessment methods that accurately measure and evaluate the learning outcome. Each course learning outcomes, assessment method, and teaching strategy ought to reasonably fit and flow together as an integrated learning and teaching process. (Courses are not required to include learning outcomes from each domain).

ثالثاً، ضع اساليب التقويم المناسبة التي تقيس وتقيم بدقة مخرج التعلم . كل مخرج تعلم للمقرر واسلوب تقيمه واستراتيجية التدريس يجب ان تتسق مع بعضها كعملية متكاملة للتعلم والتعلم. (ليس من الضروري ان تحتوى المقررات على مخرجات تعلم من كل مجال من مجالات التعلم).

Code # مسلسل	NQF Learning Domains And Course Learning Outcomes مجالات التعلم وفق الإطار الوطني للمؤهلات ومخرجات تعلم المقرر	Course Teaching Strategies استراتيجيات التدريس	Course Assessment Methods أساليب التقييم
1.0	Knowledge المعرفة		
1.1	Explain the anatomy of female genital organs, menstrual cycle, fertilization, normal pregnancy, normal labour and puerperium	- Lectures - Class discussion	- written exams (quiz, midterm and final exam)
1.2	Describe etiology, clinical picture, diagnosis, complications and nursing management of common obstetrics and gynecological problems facing women during life span.	- Lectures - Class discussion	- Written exams (midterm and final exam)
2.0	Cognitive Skills المهارات الإدراكية		
2.1	Discuss common obstetrics and gynecological issues facing women during childbearing and postmenopausal period.	- Lectures . - Class discussion - Problem solving - Self-study - Brain storming	- written exams (midterm and final exam)
2.2	Plan to care of women facing health problems associated to antenatal, intra-natal, postnatal period and gynecological problems.	- Lectures . - Class discussion - Problem solving - Self-study - Brain storming	- written exams (midterm and final exam)
3.0	Interpersonal Skills & Responsibility مهارات التعامل مع الآخرين وتحمل المسؤولية		
3.1	Participate actively in class discussions and activities.	- Problem solving - Group discussion - Brain storming	- Class and lab participation
4.0	Communication, Information Technology, Numerical مهارات الاتصال و تقنية المعلومات والمهارات العددية		
4.1	Apply self-directed learning in specific assignments using information technology and internet.	- Problem solving. - Self-learning	- Observation checklist to assess written and oral presentation. - Documentation evaluation
5.0	Psychomotor المهارات النفسحركية		
5.1	Implement nursing procedures related to care of the women during antenatal, intra-natal, and postnatal period and gynecological procedures.	- Demonstration and re-demonstration.	- Practical exams by using observation checklist. - Area evaluation.

5. Schedule of Assessment Tasks for Students During the Semester الجدول الزمني للمهام التي يقيم من خلالها الطلبة أثناء الفصل الدراسي			
	Assessment task (e.g. essay, test, Quizzes, group project, examination, speech, oral presentation, etc.) مهام التقييم (مثل: كتابة مقال – اختبار – اختبارات قصيرة- مشروع جماعي – اختبار نهائي – خطبة، عرض تقديمي شفوي.....الخ)	Week Due أسبوع استحقاق التقييم	Proportion of Total Assessment النسبة من التقييم الكلي
1	Quiz	5%	5th week
2	Midterm Written exam	12%	9th week
3	Final written exam	35%	17th week
	Presentation	5%	Continuous
5	Documentation (Nurses progress notes- vital signs chart- nursing care plan)	6%	Continuous
6	Midterm practical exam	8%	11th week
7	Clinical area evaluation	4%	Continuous
8	Final practical exam	25%	16th week

D. Student Academic Counseling and Support الإرشاد الأكاديمي والدعم الطلابي

1. Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice. (include amount of time teaching staff are expected to be available each week)

ترتيبات ضمان إتاحة أعضاء هيئة التدريس للاستشارات والإرشاد الأكاديمي الفردي للطلبة (أذكر قدر الوقت الذي يتوقع أن يتواجد خلاله أعضاء هيئة التدريس لهذا الغرض في كل أسبوع).

- 3 office hours every week
- Student encourage to communicate on e-mail or at office
- Feedback on the results of periodic evaluations for each student

E. Learning Resources مصادر التعلم

1. List Required Textbooks القائمة الكتب المقررة المطلوبة :

Jacob A. (2012): A comprehensive textbook of midwifery and gynaecological nursing, 3rd edition, Jaypee

2. List Essential References Materials (Journals, Reports, etc.)

قائمة المراجع الأساسية (الدوريات العلمية- والتقارير – وغيرها)

- Leonard D., Cashion M E. and Perry S E. (2012): Study Guide for Maternity and Women's Health Care 10th edition, Mospy, USA.
- Davidson M W., London M L. and Ladewig P W. (2008): Olds' Maternal-Newborn Nursing & Women's Health Across the Lifespan, 8th edition, Pearson Prentice Hall

<ul style="list-style-type: none"> - Littleton-Gibbs L. and Engebretson J. (2012) Maternity Nursing Care, 2nd edition - Orshan S A. (2008): Maternity, Newborn, and Women's Health Nursing: Comprehensive Care Across life span, 1st edition, Wolters Kluwer USA. - Perry S E., Hockenberry M J., Lowdermilk D L. and Wilson D (2012): Maternal Child Nursing, fifth edition, Elsevier Mosby.
<p>3. List Electronic Materials Web Sites, Facebook, Twitter, etc. قائمة المصادر الإلكترونية، مواقع الإنترنت، فيس بوك، تويتر، ... الخ</p> <ul style="list-style-type: none"> - http://www.gfmer.ch/Obstetrics_simplified/Obstetrics_simplified_contents.htm - http://www.ourbodiesourselves.org/health-info/models-of-maternity-care/ - http://www.similima.com/obstetrics-gynecology-books-free-download - https://archive.org/details/TextbookOfProceduresInObstetricsAndGynaecologyTextbook-UniversityOf - http://www.jaypeedigital.com/ChapterSpecific.aspx?id=9789350255575&sno=4ZTJJoUqt+c=&sr=1
<p>4. Other learning material such as computer-based programs/CD, professional standards or regulations and software. مواد تعليمية أخرى مثل البرامج المعتمدة على الحاسب الآلي/الأسطوانات المدمجة، والمعايير المهنية أو اللوائح التنظيمية والبرمجيات.</p>

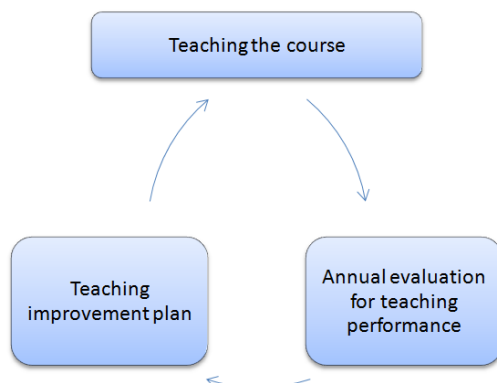
F. Facilities Required المرافق اللازمة

<p>Indicate requirements for the course including size of classrooms and laboratories (i.e. number of seats in classrooms and laboratories, extent of computer access etc.) حدد متطلبات المقرر الدراسي بما في ذلك حجم فصول الدراسة والمختبرات (أي: عدد المقاعد داخل الفصول الدراسية والمختبرات، وعدد أجهزة الحاسب الآلي المطلوب توفيرها...إلخ).</p>
<p>1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.) المرافق التعليمية (قاعات المحاضرات، المختبرات، حجرات / معامل العروض...الخ):</p> <ul style="list-style-type: none"> - Lecture room suitable for 30 students. - Suitable light and air condition. - Skill lab with max 15 students.
<p>2. Computing resources (AV, data show, Smart Board, software, etc.) التجهيزات الحاسوبية (أجهزة الصوت والصورة- الداتا شو – السبورة الذكية- السوفت وير(البرمجيات) Computer, data show in lecture hall and skill lab.</p>
<p>3. Other resources (specify, e.g. if specific laboratory equipment is required, list requirements or attach list) مصادر أخرى (حددها...مثل: الحاجة إلى تجهيزات مختبر معينة، اذكرها، أو أرفق قائمة بها)</p> <ul style="list-style-type: none"> - Library references and services. - Equipment and illustration tools relevant to the course material <ul style="list-style-type: none"> • Birth control flip chart • Fetal development illustration tools • CTG • Pregnancy test • Placenta • Infant weighing scale

- Mercurial sphygmomanometer
- Pinard
- Vaginal speculum
- Infant warmer with stainless tray
- Flexible infant models
- Examination light
- IV Stand
- Trolley
- fetal doppler
- urine analysis strips
- All disposable equipment needed for nursing procedure e.g. (cotton, gloves, antiseptic solution and syringes.....ect)
- **Essential nursing laboratory equipment**
 - Noelle Complete Interactive Maternal and Neonatal Birthing Simulator
 - Puerperal uterus palpation training model
 - Abdominal maneuver model
 - Female pelvis and fetal skull
 - Fetal monitoring and labor progress model set
 - Breast examination model
 - Episiotomy suturing simulators
 - Full size pregnant model for delivery with bed
 - Full size baby doll for anthropometric measurement
 - Model for breast care

G. Course Evaluation and Improvement Processes تقييم المقرر الدراسي وعمليات تحسينه

1. Strategies for Obtaining Student Feedback on Effectiveness of Teaching <small>استراتيجيات الحصول على التغذية الراجعة من الطلاب بخصوص فعالية التدريس</small> University questionnaire for evaluation of the course on the official web site.
2. Other Strategies for Evaluation of Teaching by the Instructor or by the department. <small>استراتيجيات أخرى لتقييم عملية التدريس من قبل عضو هيئة التدريس أو القسم.</small> <ul style="list-style-type: none"> - Peer observing teaching process. - Evaluation by program coordinator
3. Processes for Improvement of Teaching <small>: عمليات تحسين التدريس</small>



The program has an approved policy for improving quality and performance of teaching staff, which is built on three essential pillars:

4. Insisting on involvement:

all teaching staff **must** be committed as active participators in the implementation of both annual plans of research activities and community services. Participation in research and community activities will improve both the teaching staff performance and program outcomes. Teaching staff participations **must** be documented and kept in their own portfolios to be considered in the annual evaluation of their performance.

5. Lifelong learning and self-improvement:

The program encourages teaching staff to peruse promotions in their careers by conducting scientific researches and publish scientific papers in their area of specialty. Activities of self-improvement includes using of new teaching strategies, new assessment methods and/or development of the course contents. All the self-improvement activities **must** be documented and kept in their own portfolios to be included in the annual evaluation of the teaching staff performance.

6. Sharing knowledge and experience:

7. The program offers equal opportunities for all the teaching staff to attend the workshops organized by the university deanship of development and quality to meet their needs. The program adopted an approved criteria to maximize the benefit from those workshops.

4. Processes for Verifying Standards of Student Achievement (e.g. check marking by an independent member teaching staff of a sample of student work, periodic exchange and remarking of tests or a sample of assignments with staff at another institution)

عمليات التحقق من مستويات انجاز الطلبة (مثل: تدقيق تصحيح عينة من أعمال الطلبة من قبل أعضاء هيئة تدريس مستقلين، وتبادل تصحيح الاختبارات أو عينة من أعمال الطلبة بصفة دورية مع قبل أعضاء هيئة تدريس من مؤسسة أخرى)

- Exam papers and evaluation process are reviewed by the Exams' evaluation committee; reports are discussed in the program committee to take corrective actions.

1- For practical exams (to asses achievement of psychomotor, communication and interpersonal skills):

Students' performance is evaluated by the exam committee which involve at least two teaching staff members using the observation checklist.

2- For the final written exam (to assess knowledge and cognitive skills):

The exam committee is responsible for verifying the following:

- Compliance of the question paper with the rules approved by the faculty council.
- Compliance of the weight for each question and its relevant ILO and Domain of learning with the approved assessment matrix in manual of processes and procedures.

3 For overall achievement of the course ILOs

Indirect evaluation for student's overall achievement of the course ILO's is conducted by the end of the

course and before final exams using self-assessment survey (to be filled by the students).

5. Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement : صف ترتيبات التخطيط للمراجعة الدورية لمدى فعالية المقرر الدراسي والتخطيط للتحسين

By the end of each semester:

- Course report is submitted to the head of the department including the results of related surveys and reports, improvement plan is to be designed and implementation is to be monitored by the head of the department.

Committee of program review and improvement conducts a comprehensive study on:

- Performance of current cohort with previous cohorts at the level of all the specialty courses, results and trends are discussed at the level of faculty council and recommendations for improvement are to be considered in the improvement plan of the course.
- Effectiveness of all the specialty courses in achieving program ILOs, results and trends are discussed at the level of faculty council and recommendations for improvement are to be considered in the improvement plan of the course.

Name of instructor اسم استاذ المقرر : Dr. Heba Abdel-Fatah Ibrahim

Signature التوقيع : *heba*

Date Report Completed تاريخ اكمال التقرير : 18-8-1438h

Name of field experience teaching staff اسم أعضاء هيئة تدريس الخبرة الميدانية :

Mrs. Trisita Sumadan

Miss. Nouf Al-Najrany

Program coordinator منسق البرنامج : Dr. Nahid Khalil

Signature التوقيع : _____ **Date received** تاريخ الاستلام :