

Curriculum vitae

Personal details:

Name	Nationality	D.B	nationality	Country and city of birth
Heba Abdel-Fatah Ibrahim Abdel-Fatah	Egypt	22-12-1979		Egypt, Alkalubia governorate
Work Tel	1812			Mobile 0543468948
Email	heabrahim@nu.edu.sa			
Employer	College of Nursing -Najran University		Position	Associate professor

Aims:

Type	Aim
Academic	Achieving the academic vision of the university and ensuring the quality of educational outputs in line with the vision of the Kingdom of Saud Arabia.
Personal	Teamwork with academic and administrative staff and continuous knowledge development

Qualifications and certificates obtained:

Qualification	Date	University	College/Department	Field
Bachelor's degree of nursing science	2001	Benha University	Nursing / nursing science	Nursing
A master's degree of nursing (maternal and newborn health nursing)	2008	Benha University	Nursing / women health and obstetrics nursing	Reproductive health
PhD in nursing (maternal and newborn health nursing)	2012	Benha University	Nursing / women health and obstetrics nursing	Reproductive oncology

Training courses, seminars, lectures and workshops in the field of academic administrative development:

The Course	Institute	Date	Organizer
The basic concepts of information technology	Benha University	2006	Benha University
Windows operating system	Benha University	2006	Benha University
Legal Aspects	Benha University	2006	Benha University
texts Management	Benha University	2006	Benha University
Scientific thinking skills	Benha University	2005	Benha University
Scientific research methodology	Benha University	2006	Benha University
Microsoft Access	Benha	2006	Benha University

	University		
Quality standards	Benha University	2007	Benha University
University teacher preparation	Benha University	2011	Benha University
Effective Communication skills	Benha University	2011	Benha University
Effective Presentation skills	Benha University	2011	Benha University
Advanced Microsoft power point	Benha University	2012	Benha University
Advanced Microsoft word	Benha University	2012	Benha University
Using computers and files managements	Benha University	2012	Benha University
Programs designing	Najran University	2013	Najran University
the integration of technology in university teaching	Najran University	2013	Najran University
Effective teaching skills	Najran University	2013	Najran University
Quality standards in the educational process according to the national system of quality in Kingdom	Najran University	2013	Najran University
Student evaluation and assessment systems	Najran University	2014	Najran University
Course report according to the latest models of the National Assessment and Accreditation	Nursing college at Najran	2014	Nursing college at Najran
The importance of accreditation of higher education institutions	Nursing college at Najran	2014	Nursing college at Najran
Self-evaluation report according to the model of the National NCAAA	Nursing college at Najran	2014	Nursing college at Najran
Measuring the intended learning outcomes of the courses and programs	Nursing college at Najran	2014	Nursing college at Najran
New technology in nursing practice	Nursing college at Najran	2014	Nursing college at Najran
Publishing in international journals	Nursing college at Najran	2015	Nursing college at Najran
Emotional intelligence	Nursing college at Najran	2015	Nursing college at Najran
Course report according to requirements of NCAAA	Nursing college at Najran	2014	Nursing college at Najran
Preparing a Collective course reports	Nursing college at Najran	2014	Nursing college at Najran
Organizational structure and job description	Nursing college at Najran	2015	Nursing college at Najran
First meeting with teaching staff for preparation of accreditation.	Nursing college at Najran	2015	Nursing college at Najran
How to make good course file	Nursing college at Najran	2015	Nursing college at Najran
Important aspects about nursing program and its development.	Nursing college at Najran	2015	Nursing college at Najran
Aspects of continuous improvement of nursing program	Nursing college at Najran	2015	Nursing college at Najran
Objective structured clinical evaluation (OSCE)	Nursing college at Najran	2015	Nursing college at Najran
Improving the internship log book	Nursing college at Najran	2015	Nursing college at Najran

Effective presentation skills.	Nursing college at Najran	2015	Nursing college at Najran
Power Lap	College of medicine at Najran	2015	College of medicine at Najran
Documentation skills	Nursing college at Najran	2015	Nursing college at Najran
Preparation for accreditation.	Nursing college at Najran	2015	Nursing college at Najran
Electronic website management	Benha University	2015	Benha University
Development of communication skills	college of sharia and fundamental of religion at Najran	2016	college of sharia and fundamental of religion at Najran
Constructing overall program report and improvement plan	Najran University	2016	Najran University
Effective treating with students individual variation	Najran University	2016	Najran University
Educational infographic	Najran University	2017	Najran University
Communication skills and effective treating with others	Najran University	2017	Najran University
Statistical analysis	Benha University	2017	Benha University
Self-evaluation and external review	Benha University	2017	Benha University
Strategic planning	Benha University	2017	Benha University
Effective presentation	Benha University	2017	Benha University
MS Office power point 2016	Benha University	2017	Benha University
Scientific Publishing in the Arab World: Problems and Strategies	Academics & Researchers Platforms (IFAD)	2021	Held via the online Platform - Zoom Application
Infection control for COVID-19	College of sciences and arts/Najran University	2021	College of sciences and arts/Najran University
2 nd Najran health forum public health emergencies virtual conference	Ministry of health	2020	Najran health affairs
Applied statistics (SPSS)	Helwan University /Egypt	2021	Research support center / Helwan University /Egypt
Systemic reviews: Not as difficult as we think	Helwan University /Egypt	2021	Research support center / Helwan University /Egypt
Social Etiquette (Dealing Arts)	Knowledge Enrichment Academy at the International Friendship Organization in Sweden	2021	Knowledge Enrichment Academy at the International Friendship Organization in Sweden
Technology in scientific research	Najran University	2021	Health research center /Najran University

Structuralism in Research and Criticism: The Openness and Closeness Debate	Academics & Researchers Platforms (IFAD)	2021	Held via the online Platform - Zoom Application
"Statistical Analysis of Questionnaire Data that Designed to Measure Facts in Social Research "	Academics & Researchers Platforms (IFAD)	2021	Held via the online Platform - Zoom Application

Employment History:

Work Position	Work requirement	Work institution	Department	Period	
				From	To
Demonstrator	BSC nursing degree	faculty of nursing, Benha University	obstetrics and woman health nursing department	2003	2008
Assistant lecturer	Master's degree in Nursing	faculty of nursing, Benha University	obstetrics and woman health nursing department	2009	2012
Lecturer	PhD in nursing	faculty of nursing, Benha University	obstetrics and woman health nursing department	2012	2013
Assistant prof.	PhD in nursing	Nursing college, Najran University	Maternal and childhood nursing department	2013	2020
Associate prof.	PhD in nursing and the decision of the promotion committee to obtain the degree	Nursing college, Najran University	Maternal and childhood nursing department	2020	Now

Memberships and scientific committees participating in:

	Organization	Type of Membership	Country/ place
Scientific societies			
1	Benha University	Procurator to the director of quality assurance unit at faculty of nursing, Benha university, (19-1-2013/ 15-9-2013).	Egypt / Benha
2	Najran University	Coordinator of quality and development unit, nursing college, (2014-2015).	KSA/Najran
3	Najran University	Coordinator of research activities, nursing college, (2014-2015).	KSA/Najran
4	Najran University	head of academic accreditation committee in quality and	KSA/Najran

		development unit (2016-2017).	
5	Najran University	Coordinator of maternity and childhood health nursing department, nursing college, (2014 till now)	KSA/Najran
6	Najran University	Coordinator of the academic advising unit, nursing college, (2018-2020)	KSA/Najran
7	Najran University	head of education committee in quality and development unit (2021-till now).	KSA/Najran
8	Najran University	Head of Exams and control committee (2020-till now).	KSA/Najran
9	Benha University	Exams and control work	Egypt / Benha
10	Benha University	Participate in internship training program	Benha University
11	Benha University	Member in student education committee	Benha University
12	Benha University	Member in the cultures and external relations committee	Benha University
Academic work committees			
1-	Najran University	Member of the internal committee to review the nursing program and courses specification and reports	KSA/Najran
2	Najran University	Member of the preparing and reviewing committee of the nursing program study plan	KSA/Najran
3	Najran University	Member of the preparing and reviewing committee of the nursing program master degree	KSA/Najran

		study plan	
4	Najran University	Member of the examination paper review committee	KSA/Najran
5	Najran University	Supervisor of the quality and development unit	KSA/Najran
6	Najran University	Member in teaching and learning committee	KSA/Najran
7	Najran University	Member of the academic advising committee	KSA/Najran
8	Najran University	Member of the internship committee	KSA/Najran
9	Najran University	Exams and control work	KSA/Najran

Other Skills:

Type of Skill	Skills			
Technical	Teaching and training skills			
Languages	Language	Reading	writing	Speaking
	Arabic	excellent	excellent	excellent
	English	Very good	Very good	Very good
Teaching and others	Obstetrics and gynecology nursing			
	Woman health nursing			
	Woman health II			
	Woman health III			
	Nursing ethics			
	Teaching and learning principle			
	Research methodology			
	Graduation project			
	Vital statistics & epidemiology			
	Growth and development			
	Supervision for students in research			
	Clinical training and supervision for students in clinical areas and skill labs			
	Community participation activities			
Research activities participation				

Publications

1.	Details
2.	The Effect of Sugar Free Chewing Gums on Recovery of Bowel Function after Elective Cesarean Delivery, 6 th international scientific conference, April, 2014.
3.	Relationship Between Nursing Students' Emotional Intelligence and Their Clinical Performance During Obstetrics and Gynecologic Nursing Practical Training. American Journal of Nursing Science. Vol. 5, No. 6, 2016, pp. 240-250.
4.	Effect of Application of Health Belief Model on Pregnant Women' Knowledge and Health Beliefs Regarding Urogenital Infections. IOSR Journal of Nursing and Health Science (IOSR-JNHS), vol. 5, no. 4, 2016, pp. 34–

	44.
5.	Improving Maternity Nurses' Performance Regarding Prevention and Control of Postpartum Hemorrhage. International Journal of Novel Research in Healthcare and Nursing. Vol. 3, Issue 3. December 2016. pp: 101-115.
6.	Diet Behavior Modification of Pregnant Woman with Iron Deficiency Anemia Using Construct of the Trans-Theoretical Model: A Theory-Based Study. IOSR Journal of Nursing and Health Science (IOSR-JNHS), vol. 6, no. 3, 2016, pp. 72–85.
7.	The Effect of Mode of Delivery on Postpartum Sexual Function and Sexual Quality of Life in Primiparous Women. American Journal of Nursing Science. Vol. 6, No. 4, 2017, pp. 347-357.
8.	Effects of Deferred Versus Early Umbilical Cord Clamping on Maternal and Neonatal Outcomes. American Journal of Nursing Research, vol.5, no. 4; 2017: 115-128.
9.	Effect of Warm Compresses Versus Lubricated Massage During the Second Stage of Labour on Perineal Outcomes among Primiparous Women. IOSR Journal of Nursing and Health Science (IOSR-JNHS), vol. 6, no. 4, 2017, pp. 64–76.
10.	The Relationship Between Dietary Habits and Severity of Premenstrual Syndrome Among Medical College Students at Najran University, Merit Research Journal of Medicine and Medical Sciences , Vol. 5(12) December, 2017pp. 646-653.
11.	Relationship between caffeine consumption and severity of premenstrual syndrome (graduation project)
12.	Quality of Family Planning Services in Maternal and Child Health Care Centers in Damanhour City. International Journal of Studies in Nursing; Vol. 3, No. 2; 2018.
13.	Knowledge, Attitude and Practices of Working Women in Tabuk University Regarding Breast Cancer. International Journal of Pharmaceutical Research & Allied Sciences, 2018, 7(3):198-208.
14.	Effect of Health Belief Model-Based Educational Intervention About Breast Cancer on Nursing Students' Knowledge, Health Beliefs and Breast Self-Examination Practice. International Journal of Studies in Nursing; Vol. 3, No. 3; 2018
15.	The Effect of an Educational Intervention about Carpal Tunnel Syndrome on Pregnant Women' Knowledge, Symptoms Severity, and Function Status" .IOSR Journal of Nursing and Health Science (IOSR-JNHS), vol. 7, no. 06 , 2018, pp. 19-28.
16.	The Effect of a Trans-Theoretical Model Based Intervention on Physical Exercises Behaviour among Postpartum Women at Benha City, Egypt.” American Journal of Nursing Research, vol. 7, no. 3 (2019)
17.	Knowledge, Attitude and Practice Regarding Prevention of Iron Deficiency Anemia among Pregnant Women in Tabuk Region. International Journal of Pharmaceutical Research & Allied Sciences, 2019, 8(2):87-97.
18.	Effect of Lower legs Compression- During Cesarean Section- on Post-spinal hypotension and Neonatal Hemodynamic Parameters. International Journal of Nursing Sciences 6 (2019) 252-258.
19.	Cervical Cancer Knowledge and Self-Efficacy among Saudi Women at Najran City., Indo Am. J. P. Sci, 2019; 06(09).
20.	Learning Styles among Male and Female Nursing Students at Najran University., Indo Am. J. P. Sci, 2019; 06(09).
21.	Covid-19 Pandemic: Psycho-Social Consequences During The Social Distancing Period Among Najran City Population. Psychiatria Danubina, 2020; Vol. 32, No. 2, pp 280-286 https://doi.org/10.24869/psyd.2020.280
22.	COVID-19 Outbreak: Effect of An Educational Intervention Based on Health Belief Model on Nursing Students' Awareness and Health Beliefs at Najran University, Kingdom of Saudi Arabia. African Journal of Reproductive Health June 2020 (Special Edition on COVID-19); 24 (2):78-86.
23.	Effect of upright and ambulant positions versus lying down during the active first stage of labor on birth outcomes among nulliparous women: randomized controlled clinical trial. Frontiers of Nursing . 2020; 7(3):239-248.
24.	Empowering deaf and hard hearing females toward premarital counseling and genetic screening: An educational intervention based on empowerment model . African journal of reproductive health 25 (1), 36-49

25.	Self-efficacy for taking Preventive Measures against COVID-19 among Undergraduate University Students in Saudi Arabia . Journal of Pure and Applied Microbiology 15 (1), 130-138
26.	Predictors of women empowerment knowledge and attitude among Saudi academic and administrative staff: A cross-sectional study. African journal of reproductive health 25 (1), 50-59
27.	The Coronavirus Disease Pandemic: Assessment of Perceived Barriers and Threats among Undergraduate University Students in Saudi Arabia. Journal of Pure and Applied Microbiology 15 (1), 155-164 2021
28.	Postnatal exercises: perceived barriers and self-efficacy among women at maternal and children hospital at Najran, kingdom of Saudi Arabia. African journal of reproductive health 24 (4), 164-17
29.	Empowering Saudi women in higher educational institutions: Development and validation of a novel women empowerment scale. African journal of reproductive health 25 (1), 13-25
30.	The role of self-esteem and self-efficacy in women empowerment in the Kingdom of Saudi Arabia: A cross-sectional study. African journal of reproductive health 25 (1), 69-78

Date

26 – March - 2022