



T6. Course Specification (CS)

Institution: Najran University		Date: 10/8/143	8
College/Department: Nursing college			
A. Course Identification and General 1		10.1331.0	
1. Course title and code: Anatomy and	physiology (2) 2	13 ANA-3	
2. Credit hours :4 hr. (theory+ practic	cal) (2-1)		
3. Program(s) in which the course is of		Program)	
(If general elective available in many pr			ns)
	0 1		
4. Name of faculty member responsible	tor the course :	Dr. Itedal Abdelraheem Mo	ohamed Ahmed.
5. Level/year at which this course is of	Fered: 3th level 2	nd year	
6. Pre-requisites for this course (if any)			T 141
7. Co-requisites for this course (if any)			
	1, 6	T 1 \	
8. Location if not on main campus: Fac	ulty of nursing (Female campus)	
9. Mode of Instruction (mark all that ap	ply):		
a. Traditional classroom	V W	hat percentage	100%
			10070
b. Blended (traditional and online)	W	nat percentage	
c. e-learning	W	hat percentage	
		-	
d. Correspondence	L W	hat percentage	
f. Other	V	hat percentage	
Comments:			
Comments.			



B. Objectives

- 1. What is the main purpose for this course?
- Recognize the meaning & importance of anatomy and physiology and its impact & complementary for other health related sciences.
- 2.By the end of this course the students are expected to understand the normal functions and the anatomical structures of body organs and systems.
- 3.In addition students will acquire skill to deal with the common lab problems and situations facing them along their practical life followers of the physiological bases.
- 2. Briefly describe any plans for developing and improving the course that are being implemented. (e.g. increased use of IT or web based reference material, changes in content as a result of new research in the field)
 - ♣ Continuous updating of course content through available references, web, and latest researches.
 - **♣** Increased use of IT or web-based reference material.
 - ♣ Include e-books.

C. Course Description (Note: General description in the form used in the Bulletin or handbook should be attached).

Course Description: This course called anatomy & physiology -2 (213 ANA-3). The students are expected to understand the normal functions and the anatomical structures of body organs and systems. upon which they will be able to build the further knowledge they will learn in later years so as to make them better nurse for tomorrow.

1. Topics to be Covered:		
List of Topics	No. of Weeks	Contact Hours
Respiratory passages structure and function	2	4
Practical:	1	(2 hours)
1- Anatomy of the respiratory system.		
2- Breath sounds.		





Digestive System	2	4
Practical:	1	(2 hours)
1- Anatomy of the GIT (Salivary glands , liver ,		
pancreas)		
2- Measurement of the body temperature.		
Urinary System	1	2
Practical:	1	(1 hours)
1- Anatomy of the urinary system.		
Detection of glucose and acetone in urine.		
3- Measurement of PH in urine.		
Nervous System	1	2
Practical:	1	(3 hours)
1- Brain and spinal cord.		
2- Peripheral nervous system.		
3- Superficial and deep reflexes.		
Special Senses	2	4
Practical:	1	(2 hours)
1- Anatomy of the ear, hearing test.		
2- Anatomy of the eye , visual acuity.		
Endocrine System	3	7
Practical:	1	(1 hours)
Endocrine glands.		
Female genital system	2	4
Practical:	1	(1 hours)
Female Genital System		
Male genital system	1	1
Practical: Male Genital System	1	(1 hour)
Intrauterine development	1	2
Practical:	1	(2 hours)
1- Stages of intrauterine development.		
2- Placenta.		

Course components (total contact hours and credits per semester):						
	Lecture	Tutorial	Laboratory or studio	Practical	Other:	Total
Contact Hours	30 hrs.			30 hrs.		60
Credit	30 hrs.			15 hrs.		45





3-Additional private study/learning hours expected for students per week

2/ week

4. Course Learning Outcomes in NQF Domains of Learning and Alignment with Assessment Methods and Teaching Strategy:

Course Learning Outcomes, Assessment Methods, and Teaching Strategy work together and are aligned. They are joined together as one, coherent, unity that collectively articulate a consistent agreement between student learning, assessment, and teaching.

On the table below are the five NQF Learning Domains, numbered in the left column.

<u>First</u>, insert the suitable and measurable course learning outcomes required in the appropriate learning domains (see suggestions below the table)

Second, insert supporting teaching strategies that fit and align with the assessment methods and intended learning outcomes.

<u>Third</u>, insert appropriate assessment methods that accurately measure and evaluate the learning outcome. Each course learning outcomes, assessment method, and teaching strategy ought to reasonably fit and flow together as an integrated learning and teaching process. (Courses are not required to include learning outcomes from each domain).

Code	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
1.0	Knowledge		
1.1	Describe the structure and classes of the different systemic organs of the body: Respiratory passages structure, Gastrointestinal tract, Renal system, Special senses, Endocrine system, Nervous system, Female genital system,	 Introductory lecture gives an overview of the content and significance of the course and of its relationship to students' existing knowledge. Lectures Seminars 	 ♣ Quizzes ♣ Mid-term written exam ♣ Final written exam ♣ Check list for presentation ♣ Seminars demonstration





Code	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
1.2	male genital system, Intrauterine development. Remember and understand the structures and functions of the different systemic organs of the body: Respiratory passages structure, Gastrointestinal tract, Renal system, Special senses,Endocrine system, Nervous system, Female genital system, male genital system, Intrauterine development.	 Tutorials sessions Presentation written assignments on selected integrated topics. Formative quizzes 	
2.0	Cognitive Skills		





Code	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
2.1	Ability to evaluate and compare between the structures and functions of the different systemic organs of the body: Respiratory passages structure, Gastrointestinal tract, Renal system, Special senses, Endocrine system, Nervous system, Female genital system, male genital system, Intrauterine development and connect it with clinical disorders.	 ↓ Lectures. ↓ Illustrated diagrams ↓ Discussion. ↓ Demonstration ↓ Self-learning ↓ quizzes homework -exam ↓ ask students to do written assignments on selected integrated topics search on net ↓ Seminars 	 ♣ Quizzes ♣ Assignments ♣ Mid-term written exam ♣ Class activities
3.0	Interpersonal Skills & Respo	nsibility	
3.1	♣ Work independently and as part of team,Develop team-working skills and Show responsibility	 Group discussion Individual assignment Group assignment Brain storming. 	ıt





Code	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
3.2	toward class environment and assignment dates, Manage resources time and other members of the group and Communicate results of work to other Active participation in presentation and Apply self-directed learning in specific assignment and show attention and respect staff and colleagues.	Presentation.Use internet and used	viour assessment (4 %) d different libraries. – summarized lectures and
4.0 4.1	Communication, Information		A soi onne sete
4.1	♣ The student to be able interpret English language orally and writing, operate Report written and Follow instructions accurately and	Ask students to use computer and internet in the course requirements and some related interesting topics – writing reports on the computer	♣ Assignments.♣ OSPE Exam♣ Attendance





Code	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
	consistently.		
4.2	 Should able to search on internet and use computer and data show 		
5.0	Psychomotor		
5.1	Prepare skills to handle equipment effectively and examine the different parts of the body and its function.	♣ Demonstration.♣ Discussion.♣ Lab work.	♣ Presentation.♣ Practical exam.
5.2			

5. S	Schedule of Assessment Tasks for Students During the Semester		
	Assessment task (e.g. essay, test, Quizzes, group project, examination, speech, oral presentation, etc.)	Week Due	Proportion of Total Assessment
1	Quizzes	4	5.0%
2	Presentation	5	5.0%
3	Midterm exam	6	25%
4	Participation	15	5.0%
5	Final exam	15	60 %

D. Student Academic Counseling and Support

- 1. Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice. (include amount of time teaching staff are expected to be available each week)
 - Office hours: 4 hours per week 10-12 am.





- Student are encouraged to communicate on e-mail.
- Direct feedback on results of the exams are given to the students

E. Learning Resources

List Required Textbooks:

- 1. List Essential References Materials (Journals, Reports, etc.):
- Medical physiology Guyton and Hall
- Clinical anatomy Richard Snell
- ♣ Anatomy and physiology for nurse Roger Watson
- 2. List Electronic Materials Web Sites, Facebook, Twitter, etc.
- www.pubmed.com
- http://www.innerbody.com
- www.inner body.com
- www.Bartleby.com
- www.en.wikipedia.org/wiki/anatomy www.mic.ki.se/anatomy
- 3. Other learning material such as computer-based programs/CD, professional standards or regulations and software.
- Multimedia associated with the text books and the relevant websites
- **Lecture notes**
- ♣ Acland's video

F. Facilities Required

Indicate requirements for the course including size of classrooms and laboratories (i.e. number of seats in classrooms and laboratories, extent of computer access etc.)

Facilities Required for Teaching and Learning: aadequate infrastructure includes teaching places (teaching class teaching halls, teaching laboratory)comfortable desks, good source of aeration, bathrooms, good illumination and safety and security tools.

- **Teaching tools**: includes screens, computers cd (r-w) data shows projectors, flip charts, white broads, video players, digital videoscanners, copier, colouer and laser printers.
- **Computer programs**: for designing and evaluating MCQSG Course Evaluation and Improvement Processes.





- 1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.) Indicate requirements for the course including size of classrooms and laboratories (ie number of seats in classrooms and laboratories, extent of computer access etc.)
- 2. Computing resources (AV, data show, Smart Board, software, etc.)
 - **♣** Computers, projectors and smart board in lecture room
 - 1. Other resources (specify, e.g. if specific laboratory equipment is required, list requirements or attach list)
 - ♣ Aadequate infrastructure another lab

G. Course Evaluation and Improvement Processes:

- 1. Strategies for Obtaining Student Feedback on Effectiveness of Teaching
 - ♣ University questionnaire evaluation of the course.
 - **♣** Student questionnaire for achievement of course ILOs
- 2. Other Strategies for Evaluation of Teaching by the Instructor or by the department.
 - Peer observing teaching
 - 2. Processes for Improvement of Teaching:

By the end of each semester teachers are evaluated via:

- Peer observation.
- Program coordinator.
- Teacher portfolio.
- Student evaluation of the course and performance of the teacher.
- The course coordinator is required to integrate the points mentioned in all these reports, in addition to his own interpretations, into the course improvement plan in the course report.
- ♣ Course coordinator must keep a copy from all the evaluation reports and a copy from the course improvement plan, including improvement of teaching, in his own portfolio.
- ♣ Course improvement plan must be executed during the next semester.
- ♣ Program coordinator is responsible for monitoring the commitment of the course coordinator to the improvement plan.

Any changes in the course specifications must be discussed at the level of the program committee and approved.





- 4. Processes for Verifying Standards of Student Achievement (e.g. check marking by an independent member teaching staff of a sample of student work, periodic exchange and remarking of tests or a sample of assignments with staff at another institution)
 - 3. Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement:
 - Course effectiveness is reviewed by the end of each semester on the light of the following reports and documents:
 - ♣ Student evaluation for the course and teaching performance.
 - ♣ Results and distribution of students' grades.
 - ♣ Student evaluation for their own achievement to course ILOs.
 - **♣** Report of the exam committee.
 - **♣** Self-evaluation by the course coordinator.
 - ♣ All the new decisions of the program committee regarding teaching and learning.
 - ♣ Course report, including improvement plan, must be submitted to program.
 - ♣ Subject comparison to one's in the same departments in other schools.
 - Periodic review and updating the syllabus.
 - ♣ Statistical analysis to the students marks to evaluate and development the Syllabus.
 - ♣ Learning to evaluate x-rays, CT scans, MR images and integrating these.
 - **♣** Radiological techniques with anatomical structure.

Name of instr	uctor : Dr. Ited	lal Abdelraheem Mohamed Ahmed	
Signature	Itodal	Date Report Completed: 19/8/1438	
Name of field	experience tea	ching staff:	_
Program coor	dinator :		
Signature:		Date received:	